

# Learning Strategy

**Learning Strategies** are the thoughts and actions that help make learning easier or more effective. The learning strategy for this lesson is *Use What You Know*. We have knowledge about the world we use when learning a new language or a new skill. Here is an example.

*In this lesson's video, Anna learns that her co-workers do things at the same time each day. She understands this idea because she also has to do work at the same time every day. She uses what she knows and remembers not to bother her co-workers at the times they are busy.*